

 <p>G.D. Goenka University</p>		R E V I E W D A T E
	<p>INTER-UNIVERSITY TOURNAMENTS/EXTRA- CURRICULAR/ CURRICULAR EVENTS</p>	SHEET 1 OF 2

Name of Event	CHILD HEALTH AND NUTRITION PROGRAM SOHNA DHANI GURUGRAM
Organized by (Name of organization)	GD Goenka Department of Public Health
Venue of the Event	SOHNA DHANI GURUGRAM
Date(s) of event	May 3, 2023
Details of financial support (if required from university as per SOP)	NA
Brochure prepare : (copy to be attached)	No
Faculty Coordinator (Name and signature)	Dr Pranava Prakash
Student Coordinator (Name and signature)	Arun Sharma

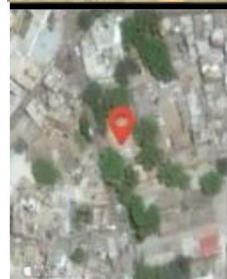
Names of participating Universities/ Institutions	Sohna Dhani Govt School
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<p>Brief Description of the event (Min 500 words)</p>	<ul style="list-style-type: none"> • A child health and nutrition program was held at the government middle school in Sohnadhani, Gurugram. • This program was basically about creating awareness and educating the schoolchildren along with the staff of the school about proper intake of nutrition and how they can maintain good health by adopting healthy eating and having a nutrient-rich diet, which not only helps in maintaining body metabolism and functioning but also has an impact on child growth and development. • For creating awareness and educating the schoolchildren and the staff, our team of MPH had prepared posters, slogans, games, and speeches to boost their interest in the program so that they could take active participation in maintaining good health. We also provided them with some games for solving puzzles so that they could easily learn everything about a balanced and nutritional diet. • A positive aspect of this program was that we were able to create awareness and educate them about what child health and nutrition are, which healthy eating habits they can adopt, and how they can prevent diseases that cause growth retardation. This program had a great impact on school staff and children. • By doing such a program, we can make a little contribution to a healthy nation. This program will help in creating a positive impact that results in the adoption of good habits and a healthy lifestyle. • For making this program work, we have taken the help of social media to make some fresh thoughts and slogans like kuposhan se poshan ki aur, and for recording video, our team uses our own phones, cameras, and megaphones for the interaction. • The government should periodically do a survey or awareness program at government schools. • A proper balanced diet should be provided to the weaker section of society, i.e., the children from poor families who cannot afford healthy food.
<p>List of Winner</p> <p>First Second Third</p>	<p>NA</p>

Attach GeoTag

Photographs of:

1. Inauguration of the event.
2. Event in action.
3. Award Ceremony
4. Group photograph at the end of the event.



Sohna, Hr<India

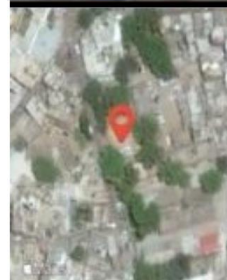
Delhi Alwar Road, Baluda, Sohnna, 122103, HF
India

Lat 28.147659, Long 78.659136

03/05/2023 11:30 AM GMT +05:30



Sohna, Hr<India
Delhi Alwar Road,Baluda, Sohnna, 122103, HR
India
Lat 28.147659, Long 78.659136
03/05/2023 11:30 AM GMT +05:30



Sohna, Hr<India
Delhi Alwar Road, Baluda, Sohna, 122103, HF
India
Lat 28.147659, Long 78.659136
03/05/2023 11:30 AM GMT +05:30

Date: May 3, 2023

Signature (HOD) _____

Signature (Chairman of Dean Student Welfare) _____

(Note: Approval of Vice Chancellor and Hon'ble Governing Body is required if financial support is required)

Checklist:

1. *Circular of the Event.*
2. Brochure copy.
3. Attendance sheet of the event.
4. Geo-tag photographs
 - a. Inauguration of the event.
 - b. Event in action.
 - c. Award Ceremony
 - d. Group photograph at the end of the event.
5. *List of Winners.*
6. Copy of Certificate/ Trophy of the winner is required
7. Final report in 500 words.



Master of
Public Health



SCHOOL OF MEDICAL AND ALLIED SCIENCES

DEPARTMENT OF PUBLIC HEALTH

GD GOENKA UNIVERSITY, GURGAON

ORGANIZING

CHILD HEALTH AND NUTRITION PROGRAM

SOHNA DHANI GURUGRAM

DATE: Mar. 10, 2023

TIMINGS: 10:30 AM - 12:30 PM

Ref No-

Date- 31/04/2023

CIRCULAR

Subject: CHILD HEALTH AND NUTRITION PROGRAM SOHNA DHANI GURUGRAM

This is to inform all the SOMAS faculty members and students that a **CHILD HEALTH AND NUTRITION PROGRAM SOHNA DHANI GURUGRAM**, Sohna will be taking place at 10:30AM. All are requested to join the program.

Regards;

Prof. (Dr.) Shailendra Bhatt
Principal and Officiating Dean
School of Medical and Allied Sciences
GD Goenka University
Gurugram

 <p>G.D. Goenka University</p>		R E V I E W D A T E
	<p>INTER-UNIVERSITY TOURNAMENTS/EXTRA- CURRICULAR/ CURRICULAR EVENTS</p>	SHEET 1 OF 2

Name of Event	Epidemiological Survey of Bhondasi Village on “Anemia Mukta Haryana”
Organized by (Name of organization)	GD Goenka department of Public Health
Venue of the Event	Bhondsi Village
Date(s) of event	
Details of financial support (if required from university as per SOP)	NA
Brochure prepare : (copy to be attached)	No
Faculty Coordinator (Name and signature)	Dr Pranava Prakash
Student Coordinator (Name and signature)	Arun Sharma

<p>Names of participating Universities/ Institutions</p>	<p>Medanta Hospital</p>
<p>Brief Description of the event (Min 500 words)</p>	
<p>List of Winner</p> <p>First Second Third</p>	<p>NA</p>

Attach GeoTag

Photographs of:

1. Inauguration of the event.
2. Event in action.
3. Award Ceremony
4. Group photograph at the end of the event.





Date: _____

Signature (HOD) _____

Signature (Chairman of Dean Student Welfare) _____

(Note: Approval of Vice Chancellor and Hon'ble Governing Body is required if financial support is required)

Checklist:

1. *Circular of the Event.*
2. Brochure copy.
3. Attendance sheet of the event.
4. Geo-tag photographs
 - a. Inauguration of the event.
 - b. Event in action.
 - c. Award Ceremony
 - d. Group photograph at the end of the event.
5. *List of Winners.*
6. Copy of Certificate/ Trophy of the winner is required
7. Final report in 500 words.

 <p>G.D. Goenka University</p>		R E V I E W D A T E
	<p>INTER-UNIVERSITY TOURNAMENTS/EXTRA- CURRICULAR/ CURRICULAR EVENTS</p>	SHEET 1 OF 2

Name of Event	Health Literacy Program at Sohna Dhani Government School
Organized by (Name of organization)	GD Goenka Department of Public Health
Venue of the Event	Sohna Dhani Government School
Date(s) of event	
Details of financial support (if required from university as per SOP)	NA
Brochure prepare : (copy to be attached)	No
Faculty Coordinator (Name and signature)	Dr Pranava Prakash
Student Coordinator (Name and signature)	Arun Sharma, Abheek Roy, Dr Sakshi Tewatia

Names of participating Universities/ Institutions	Sohna Dhani Government School
Brief Description of the event (Min 500 words)	<p>The Department of Public Health, in collaboration with the National Service Scheme (NSS), recently organised a comprehensive Health Literacy Program at Sohna Dhani Government School. This initiative aimed to educate and raise awareness among students about various aspects of health and hygiene. Under the guidance of Dr. Pranava Prakash, HOD, Public Health, the program featured a lineup of dedicated Master of Public Health (MPH) students who shared valuable insights on different health topics.</p> <p>Program Highlights:</p> <ol style="list-style-type: none"> 1. Oral Hygiene by Dr. Sakshi Tewatia (BDS): Dr. Sakshi Tewatia discussed the significance of oral hygiene, emphasising the importance of regular dental care practices and the prevention of dental issues. 2. Hygiene by Abheek Roy: Abheek highlighted the crucial role of personal hygiene in maintaining good health and preventing the spread of diseases. 3. Nutrition by Arun Sharma: Arun addressed the vital aspect of nutrition, educating students about balanced diets, essential nutrients, and the significance of making healthy food choices. 4. Vector-Borne Diseases by Dr Sakshi and Dr Pinky Kada: They shed light on vector-borne diseases and the importance of measures like mosquito control to prevent these diseases.
List of Winner First Second Third	NA

Attach GeoTag

Photographs of:

1. Inauguration of the event.
2. Event in action.
3. Award Ceremony
4. Group photograph at the end of the event.



Date: 09/06/2023

Signature (HOD) _____

Signature (Chairman of Dean Student Welfare) _____

(Note: Approval of Vice Chancellor and Hon'ble Governing Body is required if financial support is required)

Checklist:

1. *Circular of the Event.*
2. Brochure copy.
3. Attendance sheet of the event.
4. Geo-tag photographs
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 - b. Event in action.
 - c. Award Ceremony
 - d. Group photograph at the end of the event.
5. *List of Winners.*
6. Copy of Certificate/ Trophy of the winner is required
7. Final report in 500 words.



Master of
Public Health



**SCHOOL OF MEDICAL AND ALLIED SCIENCES
DEPARTMENT OF PUBLIC HEALTH
GD GOENKA UNIVERSITY, GURGAON**

ORGANIZING

**Health Literacy Program at Sohna DhaniGovt
School**

DATE: Sept. 6, 2023

TIMINGS: 10:30 AM - 12:30 PM

Ref No-

Date- 31/04/2023

CIRCULAR

Subject: Health Literacy Program at Sohna Dhani Government School

This is to inform all the SOMAS faculty members and students that an outreach program World Health Literacy Program at Sohna Dhani Government School, will be taking place at 10:30AM. All are requested to join the program.

Regards;

Prof. (Dr.) Shailendra Bhatt
Principal and Officiating Dean
School of Medical and Allied Sciences
GD Goenka University
Gurugram

 <p>G.D. Goenka University</p>		R E V I E W D A T E
	<p>INTER-UNIVERSITY TOURNAMENTS/EXTRA- CURRICULAR/ CURRICULAR EVENTS</p>	SHEET 1 OF 2

Name of Event	Promoting Hygiene Education Aravali School Bhondsi
Organized by (Name of organization)	GD Goenka Department of Public Health
Venue of the Event	Aravali School Bhondsi
Date(s) of event	August 21, 2023
Details of financial support (if required from university as per SOP)	NA
Brochure prepare : (copy to be attached)	No
Faculty Coordinator (Name and signature)	Dr Pranava Prakash
Student Coordinator (Name and signature)	Arun Sharma

<p>Names of participating Universities/ Institutions</p>	<p>Aravali School Bhondsi</p>
<p>Brief Description of the event (Min 500 words)</p>	<p>The program consisted of a well-structured lecture designed to engage students of various age groups. The lecture covered several crucial aspects of hygiene, including handwashing, dental care, personal grooming, and maintaining a clean environment. By using interactive methods such as videos, demonstrations, and real-life examples, the educators ensured that the students were not only informed but also inspired to incorporate these practices into their daily routines.</p> <p>Key Takeaways:</p> <ol style="list-style-type: none"> 1. Handwashing: Demonstrating the correct way to wash hands with soap and water for effective germ removal. 2. Dental Care: Emphasising the importance of regular brushing and flossing for healthy teeth and gums. 3. Personal Grooming: Educating students about maintaining cleanliness through regular bathing, hair care, and nail trimming. 4. Clean Environment: Encouraging responsible waste disposal and cleanliness in personal spaces, classrooms, and the school premises. <p>Impact and Outcomes:</p> <p>The program's impact was evident in the increased awareness and enthusiasm displayed by the students. Many students started adopting the hygiene practices they learned, not only at school but also at home. This positive behaviour change not only contributed to the well-being of the students themselves but also had a ripple effect on their families and the larger community.</p> <p>Conclusion:</p> <p>The hygiene education program at Arawali School Bhondsi stands as a shining example of proactive and impactful education. By instilling the values of cleanliness and health in the young minds of students, the school has taken a significant step towards creating a healthier, more aware generation. As other institutions consider similar initiatives, the success of this program serves as an inspiration to prioritise hygiene education for the betterment of society as a whole.</p>

List of Winner First Second Third	NA
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1. Inauguration of the event.
2. Event in action.
3. Award Ceremony
4. Group photograph at the end of the event.

1. Inauguration of the event.
2. Event in action.
3. Award Ceremony
4. Group photograph at the end of the event.





Date: August 21, 2023

Signature (HOD) _____

Signature (Chairman of Dean Student Welfare) _____

(Note: Approval of Vice Chancellor and Hon'ble Governing Body is required if financial support is required)

Checklist:

1. *Circular of the Event.*
2. Brochure copy.
3. Attendance sheet of the event.
4. Geo-tag photographs
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 - c. Award Ceremony
 - d. Group photograph at the end of the event.
5. *List of Winners.*
6. Copy of Certificate/ Trophy of the winner is required
7. Final report in 500 words.



Master of
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SCHOOL OF MEDICAL AND ALLIED SCIENCES

DEPARTMENT OF PUBLIC HEALTH

GD GOENKA UNIVERSITY, GURGAON

ORGANIZING

**Promoting Hygiene Education Arawali
School Bhondsi**

DATE: Aug. 21, 2023

TIMINGS: 10:30 AM - 12:30 PM

Ref No-

Date- 31/04/2023


CIRCULAR

Subject: Promoting Hygiene Education Aravali School Bhondsi

This is to inform all the SOMAS faculty members and students that an outreach Promoting Hygiene Education Aravali School Bhondsi will be taking place at 10:30AM. All are requested to join the program.

Regards;

Prof. (Dr.) Shailendra Bhatt
Principal and Officiating Dean
School of Medical and Allied Sciences
GD Goenka University
Gurugram

	G.D. Goenka University	REVIEW DATE
	INTER-UNIVERSITY TOURNAMENTS/EXTRA- CURRICULAR/ CURRICULAR EVENTS	SHEET 1 OF 2

Name of Event	World Arthritis Day
Organized by (Name of organization)	GD Goenka University, Department of Public Health (SOMAS)
Venue of the Event	Prajapati Brahmakumari Nodal Centre, Sohna
Date(s) of event	October 12, 2023
Details of financial support (if required from university as per SOP)	NIL
Brochure prepare : (copy to be attached)	Yes/No (If yes, a attach copy) NO
Faculty Coordinator (Name and signature)	Dr.Pranava Prakash
Student Coordinator (Name and signature)	Abheek Roy and Dr. Pinky Kada
Names of participating Universities/ Institutions	GD Goenka University, SOMAS
Brief Description of the event (Min 500 words)	The event commenced with a presentation by Dr. Pranava Prakash, Head of Public Health, who shared valuable insights into the causes of arthritis and effective

	<p>prevention strategies. Dr. Prakash's talk emphasized the importance of early intervention and lifestyle modifications in managing joint health.</p> <p>Street Play by Dr. Vinay, Kirti, Sakshi, Tanya and Muskaan: The play creatively conveyed the impact of arthritis on individuals and communities, highlighting the significance of awareness and early detection.</p> <p>Joint Strengthening Exercise Session by MPH student Dr. Kuldeep: Dr. Kuldeep conducted a hands-on session on joint strengthening exercises. Participants actively engaged in exercises designed to enhance joint flexibility and reduce the risk of arthritis. Dr. Kuldeep's guidance was well-received by the audience.</p> <p>Prevention Talks by MPH students, Dr. Aditya, Dr. Pinky, Dr Abheek and Dr. Shipra: Dr. Aditya and Dr. Shipra delivered informative talks on the prevention of arthritis. They discussed lifestyle modifications, nutrition, and self-care practices that can significantly reduce the risk of developing joint-related conditions. Their insights offered practical guidance to the attendees.</p> <p>Question and Answer Session with Dr. Pranava Prakash: The event concluded with a dynamic question and answer session led by Dr. Pranava Prakash. Participants actively engaged in discussions, seeking clarification on various aspects of arthritis, prevention, and management. Dr. Prakash provided valuable responses and encouraged participants to take an active role in their joint health.</p>
List of Winner	Copy of Certificate/ Trophy of the winner is required
First Second Third	NIL

Attach GeoTag
Photographs of:

1. Inauguration of the event.
2. Event in action.
3. Award Ceremony
4. Group photograph at the end of the event.





Pinky





Date: October 12, 2023

Signature (HOD) _____

Signature (Chairman of Dean Student Welfare) _____

(Note: Approval of Vice Chancellor and Hon'ble Governing Body is required if financial support is required)

Checklist:

1. Circular of the Event.
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 - c. Award Ceremony
 - d. Group photograph at the end of the event.
5. List of Winners.
6. Copy of Certificate/ Trophy of the winner is required
7. Final report in 500 words.



Master of
Public Health



**SCHOOL OF MEDICAL AND ALLIED SCIENCES
DEPARTMENT OF PUBLIC HEALTH
GD GOENKA UNIVERSITY, GURGAON**

ORGANIZING

**World Arthritis Day at Prajapati
Brahmakumari Nodal Center, Sohna**

DATE: Oct. 12, 2023

TIMINGS: 10:30 AM - 12:30 PM


CIRCULAR

Subject: World Arthritis Day


This is to inform all the SOMAS faculty members and students that an outreach program **World Arthritis Day** at Prajapati Brahmakumari Nodal Centre, Sohna will be taking place at 10:30AM. All are requested to join the program.

Regards;

Prof. (Dr.) Shailendra Bhatt
Principal and Officiating Dean
School of Medical and Allied Sciences
GD Goenka University
Gurugram

	G.D. Goenka University	REVIEW DATE
	INTER-UNIVERSITY TOURNAMENTS/EXTRA- CURRICULAR/ CURRICULAR EVENTS	SHEET 1 OF 2

Name of Event	Public Health Outreach Program on Emotional Health
Organized by (Name of organization)	GD Goenka University, Department of Public Health (SOMAS)
Venue of the Event	Government Girls Senior Secondary School, Sohna
Date(s) of event	September 26, 2023
Details of financial support (if required from university as per SOP)	NIL
Brochure prepare : (copy to be attached)	Yes/No (If yes, a attach copy) NIL
Faculty Coordinator (Name and signature)	Dr.Pranava Prakash
Student Coordinator (Name and signature)	Abheek Roy
Names of participating Universities/ Institutions	GD Goenka University, SOMAS
Brief Description of the event (Min 500 words)	The program aimed to promote emotional well-being among the students and provide them with essential tools to manage their emotional health effectively.

	<p>We conducted a series of interactive sessions and workshops covering various aspects of emotional well-being, including stress management, resilience building, and self-care strategies.</p> <p>The program was met with great enthusiasm and engagement from the girl participants. They actively participated in discussions, activities, and shared their own experiences and concerns. This level of participation indicated a genuine interest and need for addressing emotional health among our young population.</p>
<p>List of Winner</p> <p>First</p> <p>Second</p> <p>Third</p>	<p>Copy of Certificate/ Trophy of the winner is required</p> <p>NIL</p>
<p>Attach GeoTag</p> <p>Photographs of:</p> <ol style="list-style-type: none"> 1. Inauguration of the event. 2. Event in action. 3. Award Ceremony 4. Group photograph at the end of the event. 	 <div data-bbox="595 1856 892 1960"> <p>Sohna,HR,India Delhi ALwar Road,Baluda,Sohna,122103,HR India Lat 28.248174 Long 77.065773 09/26/2023 11:30AM GMT +05:30</p> </div> <div data-bbox="1050 1843 1380 1955"> <p>Sohna,HR,India Delhi ALwar Road,Baluda,Sohna,122103,HR India Lat 28.248174 Long 77.065773 09/26/2023 11:30AM GMT +05:30</p> </div>



Date: September 26, 2023

Signature (HOD) _____

Signature (Chairman of Dean Student Welfare) _____

(Note: Approval of Vice Chancellor and Hon'ble Governing Body is required if financial support is required)

Checklist:

1. Circular of the Event.
2. Brochure copy.
3. Attendance sheet of the event.
4. Geo-tag photographs
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 - d. Group photograph at the end of the event.
5. List of Winners.
6. Copy of Certificate/ Trophy of the winner is required
7. Final report in 500 words.



Master of
Public Health



**SCHOOL OF MEDICAL AND ALLIED SCIENCES
DEPARTMENT OF PUBLIC HEALTH
GD GOENKA UNIVERSITY, GURGAON**

ORGANIZING

**Public Health Outreach Program on
Emotional Health in Govt Girls School, Sohna**

DATE: Sept. 26, 2023

TIMINGS: 10:30 AM - 12:30 PM

Ref No-

Date: September 19,2023


CIRCULAR

Subject: Public Health Outreach Program on Emotional Health.


This is to inform all the SOMAS faculty members and students that **Public Health Outreach Program on Emotional Health**, Government Girls School Sohna will be taking place at 10:30AM. All are requested to join the program.

Regards;

Prof. (Dr.) Shailendra Bhatt
Principal and Officiating Dean
School of Medical and Allied Sciences
GD Goenka University
Gurugram

	G.D. Goenka University	REVIEW DATE
	INTER-UNIVERSITY TOURNAMENTS/EXTRA- CURRICULAR/ CURRICULAR EVENTS	SHEET 1 OF 2

Name of Event	Public Health Outreach Program on Emotional Health
Organized by (Name of organization)	GD Goenka University, Department of Public Health (SOMAS)
Venue of the Event	Government Girls Senior Secondary School, Sohna
Date(s) of event	September 26, 2023
Details of financial support (if required from university as per SOP)	NIL
Brochure prepare : (copy to be attached)	Yes/No (If yes, a attach copy) NIL
Faculty Coordinator (Name and signature)	Dr.Pranava Prakash
Student Coordinator (Name and signature)	Abheek Roy
Names of participating Universities/ Institutions	GD Goenka University, SOMAS
Brief Description of the event (Min 500 words)	The program aimed to promote emotional well-being among the students and provide them with essential tools to manage their emotional health effectively.

	<p>We conducted a series of interactive sessions and workshops covering various aspects of emotional well-being, including stress management, resilience building, and self-care strategies.</p> <p>The program was met with great enthusiasm and engagement from the girl participants. They actively participated in discussions, activities, and shared their own experiences and concerns. This level of participation indicated a genuine interest and need for addressing emotional health among our young population.</p>
<p>List of Winner</p> <p>First Second Third</p>	<p>Copy of Certificate/ Trophy of the winner is required</p> <p>NIL</p>
<p>Attach GeoTag</p> <p>Photographs of:</p> <ol style="list-style-type: none"> 1. Inauguration of the event. 2. Event in action. 3. Award Ceremony 4. Group photograph at the end of the event. 	 <div data-bbox="477 1818 919 1977"> <p>Sohna,HR,India Delhi ALwar Road,Baluda,Sohna,122103,HR India Lat 28.248174 Long 77.065773 09/26/2023 11:30AM GMT +05:30</p> </div> <div data-bbox="919 1818 1418 1977"> <p>Sohna,HR,India Delhi ALwar Road,Baluda,Sohna,122103,HR India Lat 28.248174 Long 77.065773 09/26/2023 11:30AM GMT +05:30</p> </div>



Date: September 26, 2023

Signature (HOD) _____

Signature (Chairman of Dean Student Welfare) _____

(Note: Approval of Vice Chancellor and Hon'ble Governing Body is required if financial support is required)

Checklist:

1. Circular of the Event.
2. Brochure copy.
3. Attendance sheet of the event.
4. Geo-tag photographs
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 - b. Event in action.
 - c. Award Ceremony
 - d. Group photograph at the end of the event.
5. List of Winners.
6. Copy of Certificate/ Trophy of the winner is required
7. Final report in 500 words.



Master of
Public Health



**SCHOOL OF MEDICAL AND ALLIED SCIENCES
DEPARTMENT OF PUBLIC HEALTH
GD GOENKA UNIVERSITY, GURGAON**

ORGANIZING

**Public Health Outreach Program on
Emotional Health in Govt Girls School, Sohna**

DATE: Sept. 26, 2023

TIMINGS: 10:30 AM - 12:30 PM

Ref No-

Date: September 19,2023


CIRCULAR

Subject: Public Health Outreach Program on Emotional Health.

This is to inform all the SOMAS faculty members and students that **Public Health Outreach Program on Emotional Health**, Government Girls School Sohna will be taking place at 10:30AM. All are requested to join the program.

Regards;

Prof. (Dr.) Shailendra Bhatt
Principal and Officiating Dean
School of Medical and Allied Sciences
GD Goenka University
Gurugram

	G.D. Goenka University	REVIEW DATE
	INTER-UNIVERSITY TOURNAMENTS/EXTRA- CURRICULAR/ CURRICULAR EVENTS	SHEET 1 OF 2

Name of Event	Stress in Soldiers and Its Management for Wellbeing
Organized by (Name of organization)	GD Goenka University, Department of Public Health (SOMAS)
Venue of the Event	BSF Camp, Bhondasi, Haryana
Date(s) of event	September 20, 2023
Details of financial support (if required from university as per SOP)	NIL
Brochure prepare : (copy to be attached)	Yes/No (If yes, a attach copy) No
Faculty Coordinator (Name and signature)	Dr. Pranava Prakash
Student Coordinator (Name and signature)	Dr. Pinky Kada
Names of participating Universities/ Institutions	GD Goenka University, SOMAS
Brief Description of the event (Min 500 words)	An outreach program was conducted at the BSF Camp in Bhondasi, Haryana, with the aim of addressing the critical issue of stress among soldiers and providing

	<p>strategies for its management to enhance their overall wellbeing. The program was organized under the leadership of *Dr. Pranava Prakash, Head of the Department of Public Health* at GD Goenka University.</p> <p>Program Highlights:</p> <p>The program began with an insightful presentation by Dr. Pranava Prakash, focusing on the unique stressors faced by soldiers in their line of duty and the potential impact on their mental and physical health. Dr. Prakash emphasized the importance of recognizing and addressing stress as a critical component of maintaining peak performance and overall quality of life.</p> <p>Key discussion points</p> <ul style="list-style-type: none">- Identification of stressors in military life.- The physiological and psychological effects of stress.- Coping mechanisms and stress management strategies.- The role of social support and mental health awareness.
List of Winner	Copy of Certificate/ Trophy of the winner is required
First Second Third	NIL

Attach GeoTag
Photographs of:

1. Inauguration of the event.
2. Event in action.
3. Award Ceremony
4. Group photograph at the end of the event.





Sohna,HR,India

Delhi ALwar Road,Baluda,Sohna,122103,HR
India

Lat 27.45812 Long 77.327561

09/20/2023 11:30AM GMT +05:30

Date: September 20, 2023

Signature (HOD) _____

Signature (Chairman of Dean Student Welfare) _____

(Note: Approval of Vice Chancellor and Hon'ble Governing Body is required if financial support is required)

Checklist:

1. Circular of the Event.
2. Brochure copy.
3. Attendance sheet of the event.
4. Geo-tag photographs
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5. List of Winners.
6. Copy of Certificate/ Trophy of the winner is required
7. Final report in 500 words.



Master of
Public Health



**SCHOOL OF MEDICAL AND ALLIED SCIENCES
DEPARTMENT OF PUBLIC HEALTH
GD GOENKA UNIVERSITY, GURGAON**

ORGANIZING

**Stress in Soldiers and its Management for
Wellbeing in BSF Camp, Bhondsi**

DATE: Sept. 20, 2023

TIMINGS: 10:30 AM - 12:30 PM

Ref No-

Date: September 14,2023


CIRCULAR

Subject: Stress in Soldiers and Its Management for Wellbeing

This is to inform all the SOMAS faculty members and students that a program on **Stress in Soldiers and Its Management for Wellbeing**, BSF Camp, Bhondasi, Haryana will be taking place at 10:30AM. All are requested to join the program.

Regards;

Prof. (Dr.) Shailendra Bhatt
Principal and Officiating Dean
School of Medical and Allied Sciences
GD Goenka University
Gurugram

	G.D. Goenka University	REVIEW DATE
	INTER-UNIVERSITY TOURNAMENTS/EXTRA- CURRICULAR/ CURRICULAR EVENTS	SHEET 1 OF 2

Name of Event	Outreach Program on International Day of the Girl Child
Organized by (Name of organization)	GD Goenka University, Department of Public Health (SOMAS)
Venue of the Event	Aravali Vidya Niketan, Bhondsi
Date(s) of event	October 11, 2023
Details of financial support (if required from university as per SOP)	NIL
Brochure prepare : (copy to be attached)	Yes/No (If yes, a attach copy) NO
Faculty Coordinator (Name and signature)	Dr. Pranava Prakash
Student Coordinator (Name and signature)	Abheek Roy & Dr. Pinky Kada
Names of participating Universities/ Institutions	GD Goenka University, SOMAS
Brief Description of the event (Min 500 words)	Our program was designed to empower and educate young girls, and the response we received was nothing short of astonishing. The enthusiasm and

	<p>eagerness to learn displayed by these young girls touched our hearts in ways that words can hardly describe. It was a testament to their determination and the immense potential they hold.</p> <p>In particular, I would like to acknowledge the remarkable efforts of MPH students Pinky Kada and Abheek Roy. Their dedication and the innovative methods they employed to engage and educate the participants were awe-inspiring. They not only showcased their knowledge and skills but also their passion for public health and education.</p> <p>The success of this outreach program underscores the importance of our commitment to promoting the well-being and education of young girls, who represent the future of our society. It is our duty to nurture their dreams and provide them with the tools they need to achieve greatness.</p>
List of Winner First Second Third	Copy of Certificate/ Trophy of the winner is required NIL
Attach GeoTag Photographs of: 1. Inauguration of the event. 2. Event in action. 3. Award Ceremony 4. Group photograph at the end of the event.	



Signature (HOD) _____

Signature (Chairman of Dean Student Welfare) _____

(Note: Approval of Vice Chancellor and Hon'ble Governing Body is required if financial support is required)

Checklist:

1. *Circular of the Event.*
2. **Brochure copy.**
3. **Attendance sheet of the event.**
4. **Geo-tag photographs**
 - a. **Inauguration of the event.**
 - b. **Event in action.**
 - c. **Award Ceremony**
 - d. **Group photograph at the end of the event.**
5. *List of Winners.*
6. **Copy of Certificate/ Trophy of the winner is required**
7. **Final report in 500 words.**



Master of
Public Health



**SCHOOL OF MEDICAL AND ALLIED SCIENCES
DEPARTMENT OF PUBLIC HEALTH
GD GOENKA UNIVERSITY, GURGAON**

ORGANIZING

**Outreach Program on International Day of the
Girl Child in Aravali Vidya Niketan, Bhondsi**

DATE: Oct. 11, 2023

TIMINGS: 10:30 AM - 12:30 PM

Ref No-

Date: October 3, 2023


CIRCULAR

Subject: Outreach Program on International Day of the Girl Child

This is to inform all the SOMAS faculty members and students that an **Outreach Program on International Day of the Girl Child** at Aravali Vidya Niketan, Bhondsi, will be taking place at 10:30AM. All are requested to join the program.

Regards;

Prof. (Dr.) Shailendra Bhatt
Principal and Officiating Dean
School of Medical and Allied Sciences
GD Goenka University
Gurugram

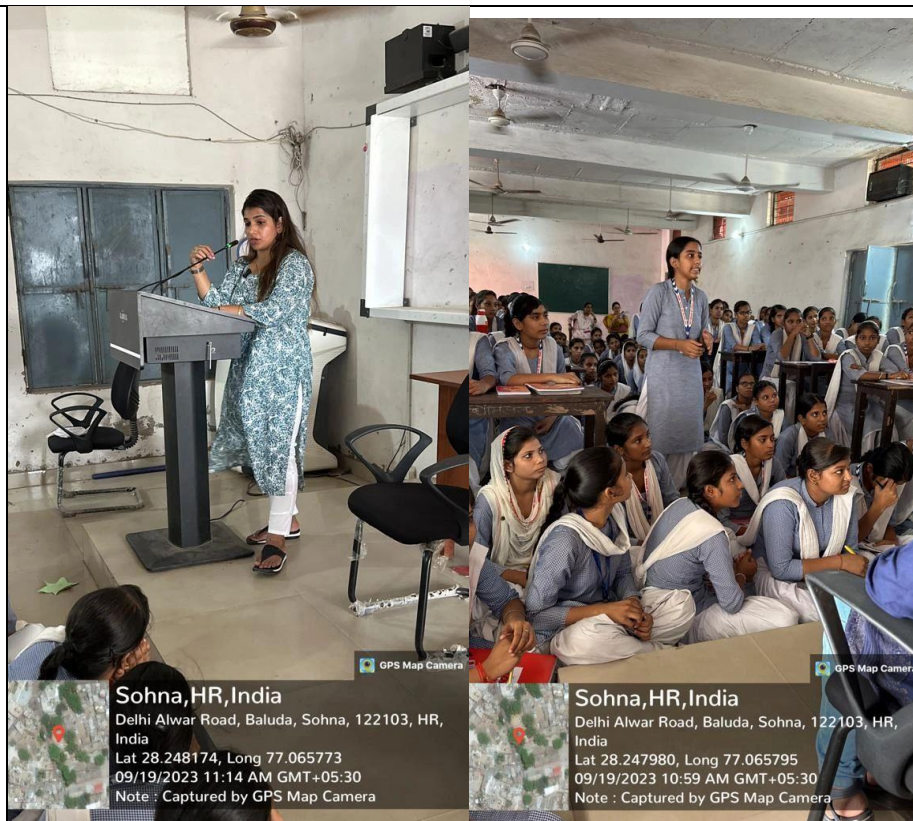
	G.D. Goenka University	REVIEW DATE
	INTER-UNIVERSITY TOURNAMENTS/EXTRA- CURRICULAR/ CURRICULAR EVENTS	SHEET 1 OF 2

Name of Event	Empowering Adolescents through a Comprehensive Health Program
Organized by (Name of organization)	GD Goenka University, Department of Public health (SOMAS)
Venue of the Event	Government Girl's Senior Secondary School, Sohna
Date(s) of event	September 19, 2023
Details of financial support (if required from university as per SOP)	NIL
Brochure prepare : (copy to be attached)	Yes/No (If yes, a attach copy) No
Faculty Coordinator (Name and signature)	Dr. Pranava Prakash
Student Coordinator (Name and signature)	Dr. Sakshi Tewatia
Names of participating Universities/ Institutions	GD Goenka University, SOMAS
Brief Description of the event (Min 500 words)	In an effort to foster holistic well-being and educate the youth about their health, a significant program on Adolescent Health took center stage at Government

	<p>Girl's Senior Secondary School, Sohna. This program was skillfully organized and executed by a dedicated team of scholars from the Master of Public Health (MPH) program at GD Goenka University, under the insightful guidance of Dr. Pranava Prakash, the Head of the Department of Public Health.</p> <p>The core theme of the day's module was "Reproductive Health," a topic of immense importance in the lives of adolescents. Dr. Tewatia, with her expertise and compassion, led engaging sessions that covered various aspects of reproductive health. Her ability to simplify complex topics and create an inclusive environment for discussion was commendable.</p> <p>The students of Government Girl's Senior Secondary School, Sohna, were not just passive recipients of information; they actively engaged in discussions, asked questions, and shared their concerns. This open dialogue fostered a sense of trust and camaraderie, making the learning experience all the more enriching.</p> <p>The program on Adolescent Health at Government Girl's Senior Secondary School, Sohna, was a shining example of academia, healthcare, and community engagement coming together for a noble cause. It not only educated the students but also instilled in them the confidence to take charge of their health and well-being. Dr. Sakshi Tewatia and her team, under the guidance of Dr. Pranava Prakash, showcased the transformative power of education and compassion, leaving a lasting impact on the lives of these young adolescents. Such initiatives are a testament to the positive change that can be brought about when education and public health join forces.</p>
List of Winner	Copy of Certificate/ Trophy of the winner is required
First Second Third	NIL

Attach GeoTag
Photographs of:

1. Inauguration of the event.
2. Event in action.
3. Award Ceremony
4. Group photograph at the end of the event.



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Date: September 19, 2023

Signature (HOD) _____

Signature (Chairman of Dean Student Welfare) _____

(Note: Approval of Vice Chancellor and Hon'ble Governing Body is required if financial support is required)

Checklist:

1. Circular of the Event.
2. Brochure copy.
3. Attendance sheet of the event.
4. Geo-tag photographs
 - a. Inauguration of the event.
 - b. Event in action.
 - c. Award Ceremony
 - d. Group photograph at the end of the event.
5. List of Winners.
6. Copy of Certificate/ Trophy of the winner is required
7. Final report in 500 words.



Master of
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**SCHOOL OF MEDICAL AND ALLIED SCIENCES
DEPARTMENT OF PUBLIC HEALTH
GD GOENKA UNIVERSITY, GURGAON**

ORGANIZING

**Empowering Adolescents through a Comprehensive
Health Program in Govt Girls School, Sohna**

DATE: Sept. 19, 2023

TIMINGS: 10:30 AM - 12:30 PM

Ref No-

Date: September 13, 2023

CIRCULAR

Subject: Empowering Adolescents through a Comprehensive Health Program.

This is to inform all the SOMAS faculty members and students that **Empowering Adolescents through a Comprehensive Health Program** at Government Girl's Senior Secondary School, Sohna, will be taking place at 10:30AM. All are requested to join the program.

Regards;

Prof. (Dr.) Shailendra Bhatt
Principal and Officiating Dean
School of Medical and Allied Sciences
GD Goenka University
Gurugram

 <p>G.D. Goenka University FROM FOUNDATION TO FLIGHT</p>	<p>G.D. Goenka University</p>	<p>R E V I E W D A T E</p>
	<p>INTER-UNIVERSITY TOURNAMENTS/EXTRA- CURRICULAR/ CURRICULAR EVENTS</p>	<p>SHEET 1 OF 2</p>

Name of Event	Tuberculosis Awareness Campaign at Shambhu Dayal High School
Organized by (Name of organization)	GD Goenka Department of Public Health
Venue of the Event	Shambhu Dayal High School
Date(s) of event	03/05/2023
Details of financial support (if required from university as per SOP)	NA
Brochure prepare : (copy to be attached)	NA
Faculty Coordinator (Name and signature)	Dr Pranava Prakash
Student Coordinator (Name and signature)	Arun Sharma

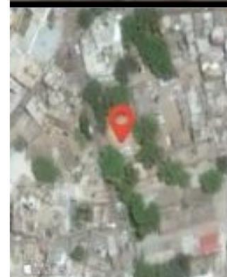
Names of participating Universities/ Institutions	Shambhu Dayal High School
Brief Description of the event (Min 500 words)	<ul style="list-style-type: none"> •Informative Presentation: The campaign commenced with an insightful presentation, delivering a comprehensive understanding of tuberculosis. Students were engaged through a well-crafted speech that covered the fundamentals of the disease – its origins, modes of transmission, common symptoms, and available treatments. Emphasising the significance of early detection, students were empowered with the knowledge that seeking medical attention promptly greatly increases the effectiveness of treatment. •Captivating Street Play: A highlight of the campaign was the dynamic street play, meticulously designed to portray the symptoms, causative factors, treatment methods, and preventive measures associated with tuberculosis. Through this captivating visual representation, students were able to grasp the complexities of the disease in a relatable and impactful manner. •Empowering Young Advocates: Recognising the potential of our youth as agents of change, the primary aim of the campaign was to educate and empower students. By equipping them with accurate information, we envisioned them as torchbearers of awareness within their families and communities. The dissemination of knowledge through these young advocates serves as a potent tool in combating misinformation and encouraging proactive health-seeking behaviour.

List of Winner First Second Third	NA
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Attach GeoTag

Photographs of:

1. Inauguration of the event.
2. Event in action.
3. Award Ceremony
4. Group photograph at the end of the event.

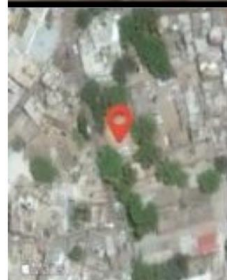


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Sohna, Hr<India
Delhi Alwar Road,Baluda, Sohnna, 122103, HR
India
Lat 28.147659, Long 78.659136
03/05/2023 11:30 AM GMT +05:30

Date: 03/05/2023

Signature (HOD) _____

Signature (Chairman of Dean Student Welfare) _____

(Note: Approval of Vice Chancellor and Hon'ble Governing Body is required if financial support is required)

Checklist:

1. *Circular of the Event.*
2. Brochure copy.
3. Attendance sheet of the event.
4. Geo-tag photographs
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 - d. Group photograph at the end of the event.
5. *List of Winners.*
6. Copy of Certificate/ Trophy of the winner is required
7. Final report in 500 words.



Master of
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**SCHOOL OF MEDICAL AND ALLIED SCIENCES
DEPARTMENT OF PUBLIC HEALTH
GD GOENKA UNIVERSITY, GURGAON**

ORGANIZING

**Tuberculosis Awareness Campaign at
Shambhu Dayal High School**

DATE: May 3, 2023

TIMINGS: 10:30 AM - 12:30 PM

Ref No-

Date- 31/04/2023

CIRCULAR

Subject: Tuberculosis Awareness Campaign at Shambhu Dayal High School

This is to inform all the SOMAS faculty members and students that an outreach program **Tuberculosis Awareness Campaign** at Shambhu Dayal High School, Sohna will be taking place at 10:30AM. All are requested to join the program.

Regards;

Prof. (Dr.) Shailendra Bhatt
Principal and Officiating Dean
School of Medical and Allied Sciences
GD Goenka University
Gurugram

 <p>GD GOENKA UNIVERSITY FROM FOUNDATION TO FLIGHT</p>	<p>G.D. Goenka University</p>	<p>R E V I E W D A T E</p>
	<p>INTER-UNIVERSITY TOURNAMENTS/EXTRA- CURRICULAR/ CURRICULAR EVENTS</p>	<p>SHEET 1 OF 2</p>

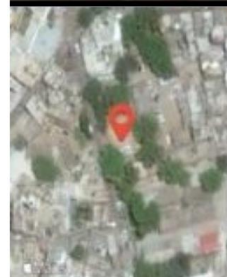
Name of Event	Tuberculosis Awareness Campaign at Shambhu Dayal High School
Organized by (Name of organization)	GD Goenka Department of Public Health
Venue of the Event	Shambhu Dayal High School
Date(s) of event	03/05/2023
Details of financial support (if required from university as per SOP)	NA
Brochure prepare : (copy to be attached)	NA
Faculty Coordinator (Name and signature)	Dr Pranava Prakash
Student Coordinator (Name and signature)	Arun Sharma

Names of participating Universities/ Institutions	Shambhu Dayal High School
Brief Description of the event (Min 500 words)	<p>•Informative Presentation: The campaign commenced with an insightful presentation, delivering a comprehensive understanding of tuberculosis. Students were engaged through a well-crafted speech that covered the fundamentals of the disease – its origins, modes of transmission, common symptoms, and available treatments. Emphasising the significance of early detection, students were empowered with the knowledge that seeking medical attention promptly greatly increases the effectiveness of treatment.</p> <p>•Captivating Street Play: A highlight of the campaign was the dynamic street play, meticulously designed to portray the symptoms, causative factors, treatment methods, and preventive measures associated with tuberculosis. Through this captivating visual representation, students were able to grasp the complexities of the disease in a relatable and impactful manner.</p> <p>•Empowering Young Advocates: Recognising the potential of our youth as agents of change, the primary aim of the campaign was to educate and empower students. By equipping them with accurate information, we envisioned them as torchbearers of awareness within their families and communities. The dissemination of knowledge through these young advocates serves as a potent tool in combating misinformation and encouraging proactive health-seeking behaviour.</p>

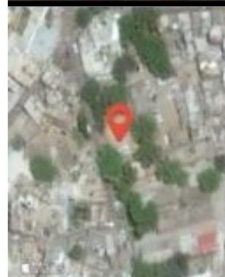
List of Winner First Second Third	NA
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Attach GeoTag
Photographs of:

1. Inauguration
of the event.
2. Event in
action.
3. Award
Ceremony
4. Group
photograph
at the end of
the event.



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Lat 28.147659, Long 78.659136
03/05/2023 11:30 AM GMT +05:30

Date: 03/05/2023

Signature (HOD) _____

Signature (Chairman of Dean Student Welfare) _____

(Note: Approval of Vice Chancellor and Hon'ble Governing Body is required if financial support is required)

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ORGANIZING

**Tuberculosis Awareness Campaign at
Shambhu Dayal High School**

DATE: May 3, 2023

TIMINGS: 10:30 AM - 12:30 PM

Ref No-

Date- 31/04/2023

CIRCULAR

Subject: Tuberculosis Awareness Campaign at Shambhu Dayal High School

This is to inform all the SOMAS faculty members and students that an outreach program **Tuberculosis Awareness Campaign** at Shambhu Dayal High School, Sohna will be taking place at 10:30AM. All are requested to join the program.

Regards;

Prof. (Dr.) Shailendra Bhatt
Principal and Officiating Dean
School of Medical and Allied Sciences
GD Goenka University
Gurugram